

XXXV



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**WORLD TOUR 35**  
**July 21-23, 2023**

Fort MacLeod Fish & Game Centennial Park

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## Land Acknowledgement

We respect the people who continue to be stewards of this land and who were for thousands of years before settlers arrived. We feel there are crucial steps to be taken to educate and recognize the injustices in our society toward Indigenous peoples, and land recognition is but one small step.

We acknowledge we are hosted on the traditional territory of the Niitsitapi – the Kainai, Piikani and Siksika nations, the Blackfoot people - and in doing so also recognize the enduring presence of all First Nations, Metis and Inuit peoples.



### This year's graphic

*This year's graphic and poster provided by Ryland Moranz.*



## Inside

<u>Land Acknowledgement</u>	<u>2</u>
<u>Camp Etiquette RULES</u>	<u>4</u>
<u>Recycling @ SCF</u>	<u>5</u>
<u>Welcome to SCF #35</u>	<u>6</u>
<u>SCF Memories</u>	<u>7</u>
<u>The Artists</u>	<u>8-15</u>
<u>Kidz' Kountry</u>	<u>16-17</u>
<u>SITE MAP</u>	<u>16 - 17</u>
<u>Schedule</u>	<u>18-21</u>
<u>SCF Vendors</u>	<u>22-23</u>
<u>Awareness</u>	<u>24-28</u>
<u>RECIPE: Syrian Beet Salad</u>	<u>29</u>
<u>Coordinators</u>	<u>30 - 31</u>
<u>A Very Special Thanks To...</u>	<u>30 - 31</u>

*I ask for a moment's indulgence to sit  
by thy side,  
the works that I have in hand I will finish  
afterwards.*

**- Rabindranath Tagore**



## CAMP ETIQUETTE RULES

*Please slowly read (and contemplate at length)  
The FESTIVAL and CAMP RULES*

*Complaints regarding behaviour will be treated on a two strike basis - first one gets a warning, second strike results in being escorted from grounds.*

1. ESCHEW OBFUSCATION! Do it!!
2. NO DOGS
3. NO GLASS
4. NO UNATTENDED FIRES
5. NO AGGRESSION, FIGHTING OR SWEARING
6. NO CAR STEREOS, RADIOS, BLASTERS,  
OR AMPLIFIERS TO BE USED IN THE CAMP
7. NO FIREWORKS
8. NO ILLICIT DRUGS
9. NO LIQUOR IN MAIN STAGE AREA
10. NO INTOXICATED PEOPLE ON SITE  
NO UNDER AGED DRINKING
11. NO UNAUTHORIZED VEHICLES
12. BEACH IS CLOSED AT SUNDOWN. RIVER CAN BE  
DANGEROUS - DON'T SWIM ALONE.  
SWIM AT OWN RISK
13. NO LITTERING/ RECYCLE IN PROPER BINS  
– PLEASE CLEAN UP AFTER YOURSELF
14. USE THE PORTABLE TOILETS, NOT THE BUSH
15. GENERATORS ONLY PERMITTED 10AM-1PM DAILY
16. GATE WILL BE CLOSED FOR RE-ENTRY AT  
1:00 AM NIGHTLY  
(BOX OFFICE CLOSSES AT 11)
- 17. HAVE A GREAT WEEKEND!!!**



**Contact information**  
**South Country Fair Association**  
[www.southcountryfair.com](http://www.southcountryfair.com)

*subscribe to our electronic newsletter!*

[office@southcountryfair.com](mailto:office@southcountryfair.com)

Box 1251, Fort MacLeod, AB T0L0Z0

## Recycling @ SCF

*USE THE PROPER BINS, PLEASE!*

*"Hands up what separates their garbage!"  
– Valdy, about 50 years ago*

*Garbage goes in the garbage bins and cans go in the recycling bins. They are marked. You need to take other stuff home and deal with it properly from there. I know, I know, conventional wisdom would have us believe the world has completely gone past the point of no return and there is really no use in even bothering anymore. But, and it's a big but, Simone... if there is going to be anyone left to fix the robots and driverless cars in a hundred years we should maybe do something to help our kids and grandkids get there. Y'know?*

*It's been said for as long as any of us can remember, but it's worth repeating... you're all grewed up now and I'm not your mother.*

*Thank you for your attention in this matter!*



**CHANCE**  
INDUSTRIES LTD.



## Welcome to SCF #35!

*And so dear reader, we find ourselves at the door of Harvest to share fellowship and conviviality under cloudless blue sky days and starry nights that seems will never end. The Long Day is here now, returned again!*

*"The Long Day" isn't Summer Solstice, it's what one of our volunteers years ago dubbed SCF itself. It's the volunteer labour of setup and tear down in heat or rain, whatever the mornings bring. It's working together, fireside and friendship into the evening after the day is done that bonds us to the land, to this time and place.*

*The festival starts without warning, emerging from days of toil and attention to detail. All of a sudden there are tent merchants and food booths selling their wares and people everywhere milling to and fro, seeing one another for the first time in a year. Then just as suddenly, music!*

*Saturday, the longest Long Day begins without acknowledging that there was a night before it. It starts cool and lazy and then it's hot literally and figuratively... then it's night again. This is what we live to do; we try to hug Life tightly to ourselves, savouring each minute so as to make these shared moments last as long as we can.*

*It is said that it goes out from you, whatever it is. The long, gentle ripples South Country Fair sends forth into the cosmos are not of our making, we do not possess that power. But together we do... because together we are The Long Day.*



## SCF Memories



*Two long-time heart coordinators, Jessica Kleissen and Gary Unser were married at the SCF twenty years ago.*

*Happy Anniversary from all of us!*

*South Country Fair gratefully acknowledges the financial support we receive from the Government of Canada through the Canadian Heritage Canada Arts Presentation Fund, and indirectly through the participation of Canada*

Canada



Canadian  
Heritage

Patrimoine  
canadien



Conseil des Arts  
du Canada

Canada Council  
for the Arts



Alberta  
Foundation  
for the Arts

*Council For The Arts. We also thank the people of Alberta for the perennial support we enjoy and designed to benefit all Albertans via the Arts Organization Operating Grant, a program of The Alberta Foundation For The Arts.*



# The Artists

## Andrew Scott

An SCF staple, singer/songwriter, performer, educator, podcaster and father based in Beaumont, Alberta. His fun and upbeat songs are a blend of traditional folk, blues, yodels and chinwag storytelling. One thing he is particularly passionate about is the ukulele. Swing by for either the beginner or intermediate workshop and see what the fuss is all about! All ages and stages welcome!



## Atomicos facebook.com/ abandcalledatomicos

Alone on the beach, you hear the trees swaying in the breeze. Hot and sweat-soaked, you wet your lips with a cold drink. Salt sprays off the waves and beckons you to dive back in. But wait...

you open your eyes and find yourself somehow, in Alberta?! Atomicos are Left Coasters!

## Badlands musicbybadlands.com

Lethbridge-based Alt-country quartet Badlands pays homage to the near desert like conditions in southern Alberta.

The band's namesake provides a fitting backdrop to Ali Cat's songwriting musings that explore personal struggles, triumphs and temptations. Heart songs, after all. The stuff that's at the centre of the country music canon. Keep a look out for where Cat and company choose to land as they explore the musical landscape that's raised them.



## Bobby Dove bobbydove.com

BOBBY DOVE croons live audiences with their original music, while paying tribute to the golden age of traditional Country. Walking with the tall shadows of their honky tonk heroes, the Montreal-born Dove has a disarming presence and voice, with songs fresh off the heart-worn highway.

## Buenrostro linktr.ee/buenrostromx

BUENROSTRO is a collective who represent deep-but-fresh sonics. Formed in 2010 in San Pedro Atocpan on Mexico City's southern edge they grew up immersed in the deep roots and customs of their elder nahuatl (the language of Aztec/Mexica) speakers, inspiring them to experiment and create. Through their ancestor's traditional rhythms, they fuse Mexican regional sounds and connect Latin American folklore, cumbia, samba jazz and rock.



## Circus Acts Insomniacs circusactsinsomniacs.com

Petunia and Renee are dynamic performers offering awe-inspiring aerial acrobatics and character roving. The relationship between music and movement influences their unique storytelling into universal means of communication. By lighting up

the room, they inspire others to follow their own dreams. Their mission is to encourage playfulness and inspire people to find their own strengths, and by exposing crowds to the interactive capacity of performance they strive to create a public appreciation of the performing arts.

## Doghouse Orchestra doghouseorchestra.com

DOGHOUSE ORCHESTRA is a collective of Toronto based musicians who craft a unique brand of high energy music, exploring country, funk and jazz styles. The band was born amongst the thriving music community on Queen Street West at the historic venue, The Cameron House. This group offers a variety of grooves, creating a special experience each performance.



## Ellen Froese ellenfroese.com

Ellen's grew un on a farm in Saskatchewan. Her comforting and husky warble gets crowds a lil' groovy and commands presence. Clever and slightly self-deprecating, Ellen's songs get into the places of your heart that hold both those quieter melancholic feelings and those moments of warm contentment that make you want to dance shoulder to shoulder with whoever is around.

## Gigi Ém

[unisonfund.ca/what-we-do/mission](http://unisonfund.ca/what-we-do/mission)



Hailing from far away and much closer than it may seem, Gigi Ém is the enigma the world didn't know it wasn't looking for. There may be a familiarity in the brazenly quiet presence that lurks in the shadow Gigi casts, but like any good enigma, melody and prose only serve the slippery something-or-other that bubbles and

troubles the surface of strange at close range. The only way in is out, through the depths of self-reflective submission where reason's playful twin runs away to become flatmates with the neighbor's dog, only to realize the kitchen sink left the porch light on, and the radiator forgot to put out the trash.

## Jane Hawley

JANE HAWLEY is a Canadiana singer-songwriter and violinist who is a true Alberta musician. Her music is a compilation of "Kitty Wells meets the Rolling Stones", with lyrics inspired by the beautiful prairies, country lifestyle, and sometimes love. She has four albums of her own for a total of six including work with Calgary-based Beautiful Joe, and a 2-CD set featuring herself and various artists. Jane has toured Canada with Edmonton's Jr. Gone Wild and opened for the likes of Jann Arden and Lyle Lovett. She loves the stage and it loves her too!



## John Wort Hannam

[johnworthannam.com](http://johnworthannam.com)

Twenty years into his career, John Wort Hannam shows no sign of slowing down. In fact he appears to be gaining momentum and a wider audience, winning two 2023

Canadian Folk Music Awards this year in Vancouver. John has enjoyed a lifetime passion for music and audiences and critics also hear something special in his narrative, lyrically-driven songs. Mixing effortlessly with rich and clear-timbered vocals and lyrics that tug at the heart, his sound is both unique and familiar.

## The Imaginarium Puppet Company

[duffyspuppets.com](http://duffyspuppets.com)



THE IMAGINARIUM PUPPET COMPANY was created in 2016 by longtime Edmonton friends Trevor Duffy and

Danny Jaycock. Trevor and Danny take an idea/story from conception and transform it into a live production. Everything from the storyline, to the puppets, to the sets, to the musical numbers are all original. With the addition of their 3rd puppeteer, Simon Gushulak, their character's come alive on stage. [www.duffyspuppets.com](http://www.duffyspuppets.com)

## Sandra Lamouche

[sandrulamouche.com](http://sandrulamouche.com)

Sandra is a Nehiyaw Iskwew (Cree Woman) from the Bigstone Cree Nation in Northern Alberta and married into the Piikani Nation in Southern Alberta. She

has over fifteen years of experience in international styles of dance including ballet, tap, jazz, lyrical, modern, contemporary, hip hop and powwow styles, and of course the hoop dance of which she is an award-winning recognised master. We are honoured that Sandra and her husband Lowell Yellowhorn can be with us again for #35!



## L'omelette

[www.lomelette.band](http://www.lomelette.band)

Dynamic Calgary art rock outfit L'omelette has been blending and bending genres of music in their eclectic songwriting since the band's inception. Their

unforgettably vibrant, heady, progressive art-rock sound is channeled through unignorable frontwoman Megs Benedict's precise ferocity. She performs as though she's got something to prove, giving listeners something to dance to and something to think about all at once.

*Many songs are in the air,  
Flitting like evasive birds,  
Ah, if I but one may snare  
In the cage of words.*

- Jessie Rittenhouse

**Wyatt C. Louis**[wyatlouis.bandcamp.com/track/dancing-with-sue-3](http://wyatlouis.bandcamp.com/track/dancing-with-sue-3)

WYATT C. LOUIS is a Nêhiyaw singer-songwriter born and raised in parts of Treaty Six Territory. Dark, rustic tales meld folk and soulful blues to tell tales of love, loss and the journey home. They're beautiful, subtle creations that juxtapose emotions, striking imagery and experiences that charm and envelop listeners.

**The Lovebullies**  
[thelovebullies.com](http://thelovebullies.com)

Don't let the sequins and sparkles blind you for too long or you might miss out on some of the many on-stage hijinks and antics that make up a Lovebullies show, the good natured ribbing and goading is as much part of their live presence as their fashion-forward 1960s inspired sound. Like backcombing a new beehive, the band has teased that into a slightly different, updated, elevated doo with compositions that are lyrically penned, thoughtfully crafted, and fearlessly delivered.

**Wendy McNeill**[www.wendymcneill.com](http://www.wendymcneill.com)

Now living in Valencia, Spain but originally from the prairies of Canada, Wendy's songs retain her love of wide open space and the longing that such big skies can generate. She is a fan of underdogs, strange cats and brave hearts. These characters are often the centre pieces of her songs which she creates using looped vocals, accordion, guitar, kalimba, synths and samples. Widely recognized as an artist that makes 'dark twisted tales' and 'wise moving music' she

has been steadily gaining acclaim for her poignant storytelling lyrics and captivating live shows, taking listeners on an emotional roller coaster with a spirit that is both playful and fierce.

*Shine on, O moon of Summer.  
Shine to the leaves of grass, catalpa and oak,  
All silver under your rain tonight.*  
- Carl Sandburg

**Shaela Miller**  
[shaelamiller.com](http://shaelamiller.com)

Chanteuse Shaela Miller has spent over a decade playing the music she wants to: picked-up shuffles, yearning waltzes and weeping steel guitar depict the good, bad and ugly times that can only be written by

someone who's lived and felt every minute of them. Unofficially dubbed Alberta's queen of Honky Tonk, the Lethbridge native has spent her time playing the music the way she wants to. Shaela is deeply cognizant of the work that goes into her craft and is not afraid to develop her sound while remaining loyal to her muses.

**Moranz & Fremlin**  
[rylandmoranz.com](http://rylandmoranz.com)

Like a summer wind's last ride through Fall's first turn, Moranz and Fremlin are harbingers of a time on the verge. A dynamic Canadiana and bluegrass duo, multi-instrumentalist Ryland Moranz and mandolin aficionado Dan Fremlin champion the love and spirit to a disappearing art. Evoking a simpler ethos of string and timber; smoke and dew, joy, sorrow and the remembrance of all we hold most dear. Besides this project both of these gentlemen are in-demand players in other bands. Outside M&F look for Ry when you see Leeroy Stagger, JW Hannam or JJ Shiplett headed to your favourite venue, and expect to see Dan when the Blue Wranglers or Barney Bentall are in town (you might see Ry with Barney too!).

**Namgar**  
[namgar.ru](http://namgar.ru)

The Buryat vocalist/instrumentalist Namgar Lhasaranova fronts this ensemble which fuses traditional Buryat and Mongolian music with elements of pop, jazz, folk, ambient soundscapes

and art-rock that doesn't sound quite like anything else. Lhasaranova's impressive vocal range can go from playful and childlike to gigantic and soaring moments later. The band uses a blend of traditional and modern instruments that bring together images of the Great Wide Open with a modern drive.

## Nia With Alyshia-Grace

You may recognise Alyshia-Grace from somewhere... she is William Prince's partner, accompanying him onstage all over the place to sing amazing harmony. In the Before Times though she was our most excellent Kidz' Rock Camp coordinator! Alyshia-Grace takes a short break during their break from touring to bring NIA dance to SCF first thing Saturday ayem.



## Red Hot Hayseeds

[redhothayseeds.bandcamp.com](http://redhothayseeds.bandcamp.com)



Hailing from Calgary, Red Hot Hayseeds specialize in western/hot swing music of the 1920s-50s, blending timeless classics with exciting originals that bring you back to the golden ages of western music. Expect jaw-dropping virtuosity as they flawlessly execute Texas Swing and Cow Jazz

- and check those stunning vocal harmonies!

## Sadlier brown duo

[alienreb.com/home](http://alienreb.com/home)

Mark Sadlier-Brown and Beverly Bruce are a married couple who have been playing roots music around Calgary for twenty years and comprise two thirds of The Sadlier-Brown Band. Having played with many other musicians they are well known in the local Roots/Rockabilly scene. Mark has a great love for playing vintage guitars and vintage music and is extremely proud to have been inducted as the Mayor of the South Country Fair in 2012.



## Skinny Dyck

[skinnydyck.com/home](http://skinnydyck.com/home)



Twang savant Skinny Dyck has put on weight since his debut LP *Get to Know Lonesome* (2020) – a delight to fans of traditional country music but in equal measure with an alternative leaning audience. On first listen, the Lethbridge, Alberta-based

singer/songwriter/session steel guitar player may sound like a throwback to classic country artists of the 1960s, but get to know him a little better and it's clear that he's firmly part of the new generation of artists pushing country forward into the 21st Century.

## The Torchettes

[thetorchettes.bandcamp.com/track/paverman](http://thetorchettes.bandcamp.com/track/paverman)

The Calgary-based Torchettes may have styled themselves after the 40s band, but it's fair to say that they're reinventing the image with a sassy, gritty, garage-rockabilly 21st century take on the genre. As such they have showcased some of Calgary's most exceptional voices and harmonies throughout the last decade. More than anything else, the Torchettes deliver inspired, intense music that seduces the audience with sultry, dulcet tones and then knocks them sideways with a full throttle attack. The musical effect is mesmerizing and delicious.



**CBC LETHBRIDGE**

[cbc.ca/lethbridge](http://cbc.ca/lethbridge)



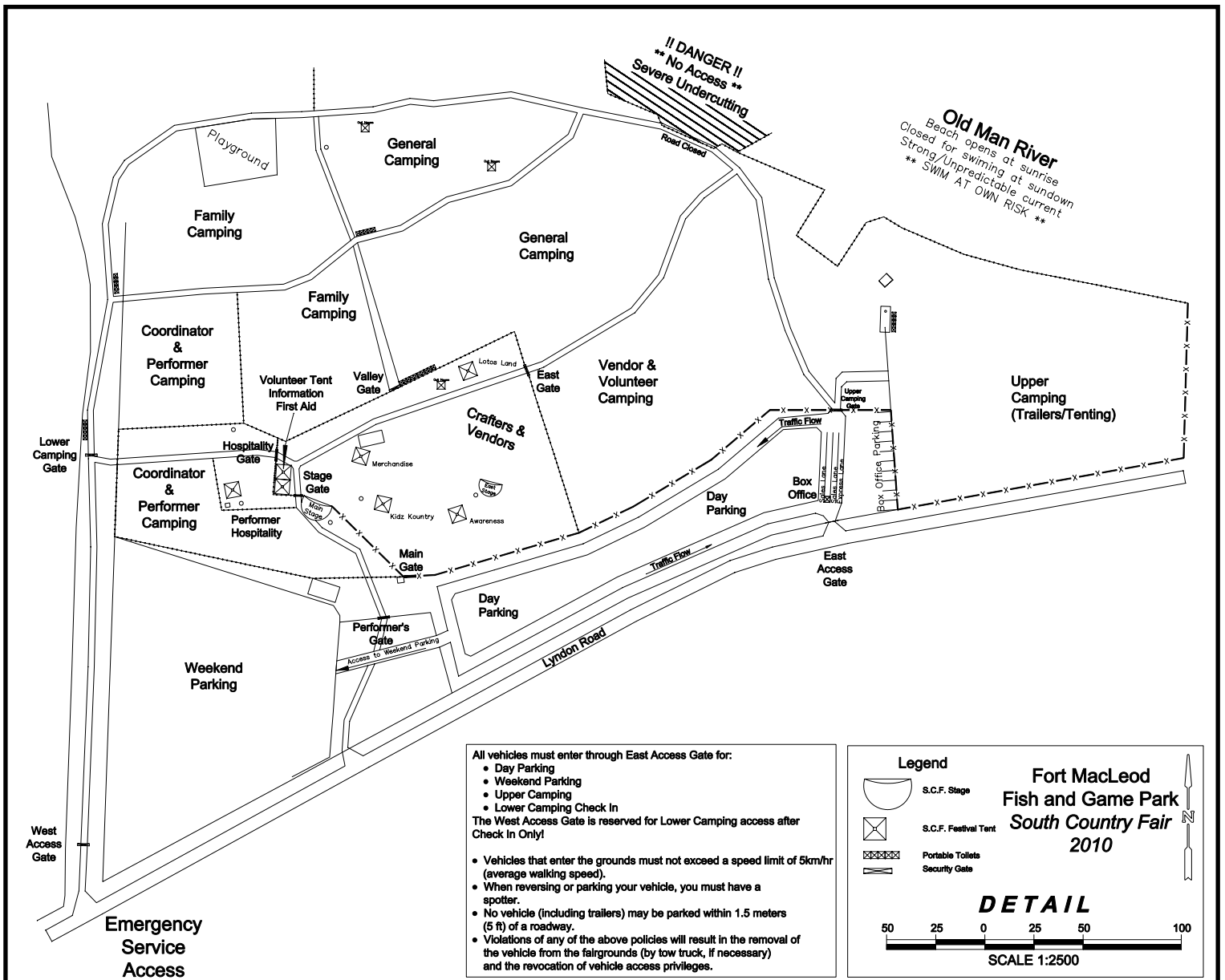
# Kidz' Kountry

Same time same place - noon to 4pm Saturday and Sunday our vivacious Kidz' Kountry Koordinator Rhiannon will be on

hand to facilitate activities and games in a relaxed and pleasant environment for kids of all ages.

**Come one, come all, no matter how tall!**  
**Noon-4 pm, Saturday and Sunday**

## Site Map





# Schedule 2023

*To avoid sound bleed between the South and East stages we've scheduled one stage at a time this year – we hope you enjoy the improvement in sound quality!*

## Thursday

### Volunteer Party

6:00pm	Moranz & Fremlin (Acoustic)
7:30pm	The Lovebullies
8:45pm	L'omelette

## Friday

### South Stage

#### MC – Emcee: Mark Sadlier-Brown

6:00 pm	Opening Ceremony, Address from Organizers , Opening Prayer by Sandra Lamouche & Lowell Yellowhorn
6:30 pm	SCF Sessions with: Chambers/Moranz Family Values
8:20 pm	Plum Category Songwriter Champion: Chris Ryan Drew
8:35 pm	The Lovebullies

#### MC – Andrew Scott

10:45 pm	Namgar
12:55 am	Skinny Dyck

### East Stage

7:15 pm	SCF Sessions: Doghouse Orchestra, BuenRostro, Circucs Acts Insomniacs
9:40 pm	Red Hot Hayseeds
11:50 pm	L'omelette

### Awareness/Kidz Kountry/Roving

6:00 pm	Roving Insomniacs
10:30 pm	Lethbridge Independent Film Society Screening After Dark @ Lotus Land

## Saturday

### South Stage

#### MC - Ose Irete

11:00 am	Nia w/ Alyshia Grace
11:30 am	Sandra Lamouche & Lowell Yellowhorn
11:45 am	SCF Sessions, The Future is Now Young Artist Showcase: Kai Brooks, Eilish Lazenby, Paula Neu, Grace Fawcett, w/Shaela Miller & Gillian Moranz

Tweener: Charlie Navratil

1:55 pm Wyatt C. Louis

#### MC – Jane Hawley Sutherland

4:05 pm	SCF Sessions: Red Hot Hayseeds, Bobby Dove
6:15 pm	Wendy McNeill
8:20 pm	Beefcake Songwriter Champ: Wanda Krein

#### MC – Ryland Moranz & Steven Foord

8:35 pm	Shaela Miller Circus Acts Insomniacs - Aerials
10:45 pm	BuenRostro
12:55 am	Doghouse Orchestra

## Town & Country Liquor Store



528 Main Street Fort Macleod  
1027 Main Street Pincher Creek

*come see us for the largest selection in town*

**ICE COLD BEER & COOLERS**

**Bring in this ad and receive a free bag of ice with any purchase over \$25.00**

*please drink responsibly*

**East Stage**

12:50 pm	SCF Sessions: John Wort Hannam, Jane Hawley Sutherland, Ellen Froese
3:00 pm	Badlands
5:10 pm	Gigi Ém
7:20 pm	Ellen Froese
9:40 pm	Atomicos
11:50 pm	The Torchettes

**Lotos Land – Awareness**

9:00 am	Twin Hearts Guided Meditation & Superbrain Yoga with Kurt @ Awareness Tent
10:00 am	Yoga with Laurie Darveau-Willms
11:00 am	Shamanic Drumming Journeying to find your power animal and spirit guide with Cathy Goodman @ Awareness Tent
12:00 pm	Gimatria and Tarot with Wendy Aikens @ Awareness Tent
12:00 pm	Imaginarium Puppetry Company: Maskini's Map @ Puppet Wagon (for kids)
1:00 pm	Ukulele Workshop w/Andrew Scott (Beginners) @ Awareness Tent
2:00 pm	We Belong to The Drum: Reading with Sandra Lamouch @ Kidz Kountry
2:00 pm	Watercolour Painting with Allied Arts (pre-register) @ Awareness Tent
3:00 pm	Family Spin Jam with Megan and friends to Badlands @ stages
3:00 pm	Roving Insomniacs
4:00 pm	Ukulele Workshop w/Andrew Scott (Intermediate) @ Awareness Tent
5:00 pm	Imaginarium Puppetry: Maskini's Map @ Imaginarium Wagon (for kids)
10:30 pm	Lethridge Independent Film Society Screening After Dark @ Lotus Land

**NEED CASH? LOOK, THERE'S AN ATM!**

It seems the inevitability of a cashless society draws ever closer, but as we all know there are times when the rough familiarity of cold hard cash and the old

**Sunday****South Stage**

11:00 am	Nia with Alyshia Grace
11:30 am	Sandra Lamouche & Lowell Yellowhorn
<b>MC - John Wort Hannam</b>	
12:00 pm	SCF Sessions: Atomicos, The Torchettes
Tweener:	Kai Brooks
2:10 pm	SCF Sessions: Wendy McNeill, Namgar
Tweener:	Zuri Gardner & Lily Campbell
4:20 pm	Moranz & Fremlin
5:25 pm	Sandra Lamouche
Closing Ceremony: It's A New Era Man!	

**East Stage**

1:05 pm	Bobby Dove
3:15 pm	SCF Sessions: Skinny Dyck, Wyatt C. Louis

**Awareness/Kidz Kountry/Roving**

9:00 am	Twin Hearts Meditation and The 5 Tibetan Rites with Kurt @ Awareness Tent
10:00 am	Yoga with Laurie Darveau-Willms
11:00 am	Beauty From the Inside Out with Robyn Lilley @ Bench Area outside Camp Kitchen
11:30 am	Colored Pencil/Charcoal Drawing and Poetry Reading with Allied Arts (pre-register) @ Awareness Tent
12:00 pm	Family Spin Jam with Megan and friends to Atomicos and the Torchettes @ Stages
1:00 pm	Using the Tarot for Personal Transformation with Cathy Goodman @ Awareness Tent
2:00 pm	Dreamers Workshop with Wendy Aikens
5:15 pm	Roving Insomniacs

tokens of trade are just something one has need of. Fear not for Providence has smiled upon us once again in this regard and bestowed SCF with a cash machine! Look for it in the Fair Trade Mall...



## Artisans

**The Flying Uterus** A long-time vendor at the fair is a collective of four generations of women that offer a unique variety of treasures. UpCycled and vintage clothing of all sizes. Men's pearl snap shirt and patchwork for the entire family. Stop by for a visit and a hand crocheted beer koozie by Grandma Pat, a much need addition to everyone's SCF gear.

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**Good Gals Vintage** brings quality vintage Western wear and accessories for all sizes, genders, and age. Bring out your inner cowpoke for the stage, the ranch, or just to look a little extra cool with the range of Western pieces from the 50s-90s. If it lasted a lifetime already, these pieces are made to last you another one at least. Good Gals Vintage works a lot to share the love of music and vintage with the Canadian music community.

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**Henna Artistry and more** Aurora from Henna Artistry has been decorating SCF attendees for a few years now and it's by far her favourite event of the summer season. An Internationally Certified Natural Henna Artist since 2014, she is also an insured member in good standing of the Canadian Association of Face and Body Artists. Come visit Henna Artistry's booth to be adorned – we offer natural, hand-mixed henna, festival sparkles and new this year, airbrushed, water resistant tattoos! You might just find some magic wands and tiny fairy houses there too!

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## Krazy Creations

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## Lotus Salon

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Om Booty Om Booty/simply paka design and sell fair trade clothing made of natural fibers. All leather products are made from only leather where the animal was used for food.

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## Tibetan Trom

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Wendy The Destiny Coach Counsellor and psychic for 20+ years. Tarot-Channel-Pamistry-Master Numerologist - Reiki Master Trainer - Master

Trainer Hypnotherapy – Practitioner level NLP-EFT - Sabotage Clearing and Goals enhancement - Dreamers Workshops - Trainer in the psychic gifts - Boho fashions, felt items and jewelry.

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## Faire Food

**Crepe Affair** has been serving Fresh, French, Fast crepes since 2015. We use a made-from-scratch homemade recipe that is sure to please. We offer a wide variety of sweet and savoury crepes that are sure to satisfy any craving. From our hand-sliced ham and slow-roasted chicken, to our delicious sweet crepes made with peaches, strawberries, chocolate, and bananas. Our smoothies are 100% fruit with no added sugars, and our homemade Ice Caps are made using the finest coffee we can source. Come for the crepes & refreshing drinks, leave with a smile and feeling satisfied. Try us out and see why we are still rated 5 stars on our Facebook page.

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**Piggyback Poutinerie** EST 2014 Offering Many AWESOME fried goods. Large Selection of poutines deep fried dill pickles, deep fried mac and cheese

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**Grandma NUM NUM's Baking** creates artisan baked breads, and sweets, that will bring back memories of Grandma's kitchen. Our recipes have been tried and perfected throughout the generations. We do not add preservatives and use all natural ingredients. We support local producers whenever we can.

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## Santeria Taco Truck

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**Simply Siam** Our goal at Simply Siam is to provide authentic, healthy and delicious Thai food to the public. Every dish that is served is made with a high quality of standard, cleanliness and freshness. We combine modern-creative and traditional Thai styles of cooking. Our main chef and owner is from Thailand and has many years' experience cooking and he always cooks flavorsome and great tasting food. We have gluten-free, meat, vegan and vegetarian options. We use biodegradable serving dishes and cutlery, and we are familiar with the Zero Waste Policy. We are a family run business, based out of Nelson, B.C. and are happy to bring a taste of Thailand to new and old customers.

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**Boler Bar** The Boler Bar is a retro artisan-style coffee bar in a 70s Boler trailer. Serving quality espresso based beverages for the caffeine lovers out there as well as loose leaf tea and more.

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## Awareness XXXIV

### **THM and SUPERBRAIN YOGA (SBY) and the 5 Tibetans with Patti and Kurt: Saturday and Sunday 9:00 am Awareness/LotusLand**

Join Patti and Kurt as they prepare you for a guided Meditation on Twin Hearts with 5 minutes of SBY and simple movements to condition your physical and energy body to enable it to receive and absorb the high energy that will flow into you during the meditation. On Sunday, Kurt will include the 5 Tibetan Rites exercises. Twin Heart Meditation (THM) is an advanced meditation technique intended to achieve illumination or universal consciousness through activation and development of the heart and crown energy centers. The heart and crown energy centers are referred to as "twin hearts". Meditation on Twin Hearts is an invaluable form of world service that helps harmonize the earth by blessing it with loving-kindness, peace, joy and goodwill. 5 Tibetan Rites: [https://www.youtube.com/watch?v=j\\_bY6REpIPE](https://www.youtube.com/watch?v=j_bY6REpIPE)  
THM: <https://www.youtube.com/watch?v=N884jNJpGc&list=RDLVwjS4ZMuZpqw&index=1>  
SBY: <https://www.youtube.com/watch?v=Gm4zpx7ppYI>

### **YOGA with LAURIE: Saturday and Sunday 10:00 am LotusLand/Awareness**

Laurie Darveau-Willms is a natural born nurturer to her five kids, four cats, two dogs, and any other being (human or otherwise) that crosses her path. It is that drive to care for others that led her to teach yoga. Laurie's classes are playful, yet grounding, and she loves to focus on the union of breath with movement. You can expect a vinyasa class with longer holds to really sink into the balance of effort and ease. Laurie hopes you leave her classes feeling strong and grounded and ready for your next adventure. Catch up with Laurie and her adventures at [https://www.instagram.com/thiswild\\_and\\_precious\\_life/](https://www.instagram.com/thiswild_and_precious_life/) UNITE YQL HARVEST STUDIO IN LETHBRIDGE

Returning to **SCF, CATHY GOODMAN**, Energy Healer, Reiki Master and Tarot Reader, a true Spiritual Electrician. Join her Saturday 11 am and Sunday 1 pm.

### **Shamanic Drumming Journey to Find Your Power Animal and a Spirit Guide: Saturday 11 am Awareness LotusLand**

Bring a blanket or mat to lie down on, maybe a pillow - you will want to be comfortable to go on this magical journey. I will drum you into a meditative state where we will go into the inner earth to find your power

animal and see what message it has for you and receive a gift to bring back with you. Then we will go up into the light to meet one of your spirit guides. After, we will discuss as a group what we saw or felt. This is a very powerful experience that will surprise you!

### **Using the Tarot for Personal Transformation with CATHY GOODMAN: Sunday 1 pm Awareness LotusLand**

The tarot truly is a magical tool for divination. Gain insight into using the traditional Celtic cross spread to assist you in daily living by transforming the subconscious processes that trap or block the flow of your energy systems. Learn the basics of both the major and minor arcana, how to read the mood of the cards. Get tips and tricks to access your connection to the divine within yourself to get the answers you need to make good decisions. Everyone will get a powerful one card reading at the end. Participants will also be emailed a free pdf of my tarot e-book.

**Fort Macleod Allied Arts** is a community arts organization located in Fort Macleod and is committed to providing accessible art opportunities to the southern Alberta area. This weekend they are hosting two workshops that are both admission by donation. Stop by early in the day to reserve a spot on the list or pop by during the workshop to see if there's room to join. You can also learn about how to be more involved in their organization, local events and future classes. Both at the Awareness LotusLand tent

**Saturday 2-3:30 pm Watercolour Painting!** Learn basic watercolour shapes and techniques starting with instruction, followed by free paint time. This activity is by donation and open to all aged artists. Artists under 13 must be accompanied by an adult for workshops.

**Sunday 11:30-1pm Embroidery Art!** This session will allow you to design and embroider a simple piece to take home. We will practice some basic stitches, make complementary colour palettes, talk about use of space and practice together before you decide what you want to make and take with you!

### **Family Spin Jam with Megan and Laurie: Saturday 3pm and Sunday 4pm**

Family Spin Jam is happening at a stage near you! Enjoy the audience enjoying the musicians, with dance ribbons, hula hoops and other flow objects. Feel free to participate or watch. Megan Fester and Laurie

Darveau-Willms bring dance and flow to the stages of the Fair to engage you- The Fair People- in play, collaboration, and community creation. All participants are teachers and students as we enjoy the glorious melodies of the Fair. Megan Fester hoops by heart, offering hooping workshops within the school and community setting. Laurie Darveau-Willms is a yoga teacher, creator of community, and play enthusiast. Come play and create some magic with us!!  
Megan Fester: meganfester@gmail.com, Laurie Darveau-Willms: ldarvwill@gmail.com  
**Saturday 3pm Badlands and Sunday at 4pm Red Hot Hayseeds @stages**

**Wendy Aikens**, counsellor and psychic for 25+ years. Tarot Reader/Psychic - Channel - Medium - Palmistry - Master Numerologist -Reiki Master Trainer - Master Trainer Hypnotherapy - Practitioner level NLP & EFT - Sabotage Clearing and Goals enhancement -Dreamers Workshops **Saturday Noon and Sunday 2 pm**  
Before there was Tarot there was **GIMATRIA**, an ancient Hebrew mystical method of understanding. It is the practice of assigning a numerical value to a name, word phrase or item according to an



alphanumeric cipher. **Numerology was a simplified offshoot and the tarot incorporated these numbers along with symbols, colors and the four elements.** In this workshop you will learn a simplified method of divination using plain playing cards, numerology and a colorful traditional tarot deck. **Saturday 12 Noon**

**DREAMER'S WORKSHOP: Sunday 2 pm** A decade or so ago I was invited to join a dreamers group run by a Jungian psychologist. For a year ten of us worked together every week to learn dream interpretation. The group consisted of a grief psychologist, a cartographer, a witch/hypnotherapist/life coach, an acupuncturist/teacher, a yoga instructor, a massage therapist, and an accountant. Bring a dream or just join in and learn about dream states and methods of interpretation.

**BEAUTY FROM THE INSIDE OUT with ROBYN: Sunday 11:00 am Bench area beside camp kitchen**  
Get RE-charged and RE-energized... the natural way! This FREE 1-hour workshop features delicious and nourishing goodies – to EAT, to DRINK, to BREATHE in,

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The **Lethbridge Independent Film Society (LIFS)** is an artist-run non-profit that exists to facilitate and support the creation, exhibition, distribution, and preservation of independent film, video and media art in Southern Alberta. Founded in 2017 by a group of local filmmakers, who met up monthly to discuss their work, we have expanded into a grassroots organization that models ourselves after big players in the industry, like The Calgary Society of Independent Filmmakers (CSIF) who have been operational for 45 years, and the Film and Video Association (FAVA) located in Edmonton who just celebrated their 40th anniversary.

We are invested in community building and working alongside organizations such as the Alberta Media Arts Alliance Society (AMAAS) and the Independent Media Arts Alliance (IMAA) to offer support and services to rural Southern Alberta Media Artists and Artist Run Centers to bring access, funding, training, and tools of the trade to Southern Alberta. We do so by partnering with other nonprofits and local businesses such as Actra, IATSE, Casa, SAAG, Wide Skies, Theoretically Brewing, Herland, Girls in Film & TV, Lethbridge College, Theatre Outre, Environment Lethbridge and South Country Fair just to name a few.

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as well as put on your SKIN! You will also receive TIPS and TRICKS on how to get the GLOW. Robyn is VERY passionate about helping YOU live your best life ever! Robyn is the founder of Robyn Lilley Skincare offering private/group nourishment classes on being healthy, general nutrition, natural skincare and is **Microcurrent certified. Attention Musicians and Backstage Guests:** Please keep an eye out for the complimentary "Skin Rejuvenation Station" in various locations throughout the weekend! Follow her on Facebook and Instagram: Robyn Lilley Skincare

**WALKING THE LABYRINTH:** Come discover the labyrinth experience this weekend, in the field south of the Awareness LotusLand tent.

A labyrinth is one of the oldest contemplative and transformational tools known to humankind, used for centuries for prayer, ritual, initiation and personal and spiritual growth. Entering the serpentine path of a labyrinth, you walk slowly while quieting your mind and focusing on a question or prayer. The labyrinth represents a journey to your own center and back again and out into the world. Feel free to visit the labyrinth anytime during the fair.

<https://labyrinthsociety.org/>

<http://www.labyrinths.org/labyrinthbasicinfo.pdf>

Facebook: The Labyrinth Society Global Group

**SCHEDULE: PLEASE COME BY THE LOTUS LAND TENT TO SEE POSTED TIMES AND ALTERNATE LOCATIONS AND ANY SCHEDULING CHANGES**



## RECIPE

### Syrian Beet Salad Terry Smith

*I want to share this recipe because it's what I've made for so many of our Hoo-Devil camp Sunday night potluck extravaganzas. In fact, it's my go-to contribution for most pot-lucks because it's bright, earthy, and fresh. It's always a hit and you can make it ahead of time and add the parsley when you're ready to serve it.*

*I first found this recipe in a gorgeous cook book a friend gifted me and I don't do much to change it because it's perfect the way it is. (Aromas of Aleppo: The Legendary Cuisine of Syrian Jews by Poopa Dweck and Michael J. Cohen)*

NOTES: Use fresh-squeezed lemon and tamarind concentrate or paste, not sauce. This is the brand I've been able to find in Middle Eastern, Indian stores, organic food stores, and weirdly, off-brand tubs in the deli at Safeway:



#### Ingredients

6 beets (1 kilo)  
1/2 cup chopped parsley  
1/2 small onion chopped 1/4 cup

#### Dressing

1 TBSP olive oil  
3 TBSP lemon juice  
2 TBSP tamarind paste  
1 TBSP ground cumin  
pinch of crushed chile pepper paste (*The recipe calls for white Aleppo pepper*)  
1 tsp salt, or to taste

#### Directions

- Peel beets, cut in half and simmer in boiling water for 20 minutes or fork tender, but still firm. Rinse under cold water. (*I save the beet water and freeze it for a richer broth when I make Borscht*)
- Cut into cubes, 1/4-1/2"
- Add chopped onions
- Make dressing, pour over mixture, and mix
- Chop and fold in parsley before serving (*I use Italian parsley when I'm sure the salad will be devoured, and curly parsley if I think there will be leftovers*)



## Coordinators

Producer & Outreach – Maureen Chambers  
 Artistic Director – Gillian Moranz  
 AD's Assistants – Alex Westwood, Glenna Westwood  
 Awareness – Patti Goodstriker  
 Volunteer Guru – April Hutchinson  
 Electrician – Scott Howe, Jeff Strand  
 Stage Manager – Ry Moranz, Tanya Weder,  
     Brenda Brandley  
 Instrument Lock Up & Artist Services –  
     Cooper Flemming  
 Artist Services – Erin Primrose  
 Environment – Wendy Baker/Karen Murdoch  
 Reclamation – Your Name Here  
 Strike Coordinator – Pablo Soto  
 Emergency Response Coordinator – Dan Courcelles  
 Artists' Lounge – Amy Cavers, Curtis Cavers  
 Medical Aid – Maxine Henry  
 De-escalation Specialists – Jordis Blackmer  
     & Company  
 Outreach – Tyson Wiebe

Photography - Jeff Strand/Black Caddis  
 Production, Sound, & Lights - Steve Loree,  
     Scott Franchuck, Mariel Fawcett  
 Site – TJ Smith  
 Camp Hosts – Dan Smith, Barry Yorgason  
 Festival Program – Terry Smith  
 Posters – Ry Moranz  
 Social Media – Jessica Glombick, Gillian Moranz  
 Box Office – Chris Chambers, Riet Kleissen,  
     Melinda Greenaway  
 Merch Tent – Matt Kurylo  
 Fair Market – Gary Unser, Lucas Willumsen  
 Hospitality – Lee Holfeld, Kelsey Reichart  
 Conviviality – John Willumsen  
 Water Boy – Ron Kingston  
 Jammin' – Your Name Here  
 Kidz' Kountry – Rhiannon Beckett, Mike Lawson  
 Parking – Jillian Barnes, Jeremy Smith, Richard Lewis  
 Checkpoint Firewood – Gary Klotz  
 Catcher of Rare Moments – Freeman Andrus

## A Very Special Thanks To...

*Special thanks first and foremost to our wee village of dedicated volunteers, and as always, the residents of Lyndon Road, and to Tom Mills, Marvin Kee, Chance Industries, Tanya Weder, Brenda Brandley, Tim Donahue, Gerry Kleissen, Skyspeed Telecom, Jeff Strand/Black Caddis, Volker Stevin, Ron Kingston, Economy Lumber, Town & Country Liquor, Hansen's Family Foods, Blair & Kathy Deginnus, Georgia & Peter Hansen, Don & Susan Craig, Kerry Clarke, WRAD/WFFC, CAPACOA, The University of Lethbridge, CKXU, CJSW, CKUA, CBC Lethbridge, North Country*

*Fair, The Macleod Gazette, Stronghold Brewing Co, Steven Foord & The Owl Acoustic Lounge, The Slice Bar & Grill, Rand Holmes, Gurney Norman, Steve Baer, James Baldwin, Stewart Brand, all the boys down at Public Works, The Town of Fort MacLeod, Fort MacLeod Fish & Game Association, Fort Macleod Bottle Depot, and last but not least the unseen host of humble folk who habitually stand just out of the light. And you. We want to thank you all for everything. The whole 9 yards, all the way to Memphis. Be the flame!*





# Merch Tent!

Yes – despite the subjective, virtual pressures and assault of modern technology there still exists the very real, objective reality of actual merch and we have some to sell! Drop in and say hi to Matt and his jolly crew to shop for featured artist CDs, bling, SCF merch and sundry.

